

Evergreen Behavioral Health Association
Continuing Education Series

LIBERATION APPROACHES TO COUNSELING ASIAN AMERICANS
with Shin Shin Tang, PhD

Friday, April 19, 2024

4 CE Online

9:00 AM – 1:30 PM

\$100 EBHA Members

\$125 Non-members

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This 4 CE online cultural competency training focuses on a population often overlooked yet increasingly in need of culturally sensitive services. Mental health therapists seldom have the training to recognize the vast diversity of cultures and intersecting identities that comprise the Asian diaspora. In this half-day course, case studies incorporating intersecting identities such as socioeconomic status, disability, neurodiversity, spirituality, gender identity, sexuality and adoption history will be presented in order to familiarize attendees with this diverse population, and the kinds of therapeutic approaches that may lead to positive counseling experiences for Asian American clients.

Topics

Definitions and key terms

Decolonizing assessments

Decolonizing case conceptualizations

Relational-cultural therapy and power

Exploring therapist positionality

Trauma: social and cultural contexts

Advice from Asian American clients

About the presenter

Dr. Shin Shin Tang is a licensed psychologist and author of the book *Asian American Psychology and Psychotherapy: Intergenerational Trauma, Betrayal, and Liberation* (Roman and Littlefield, July 2023). She serves as an instructor for Oregon State University and maintains a private practice in Eugene, OR. Dr. Tang has over two decades of experience providing psychotherapy with a focus on trauma, gender, and culture.