

Evergreen Behavioral Health Association
Evergreen Meet-Learn EML Discussion Series

Ketamine-Assisted Psychotherapy
A Brief Overview
with Chris Leesman, D.O.

Tuesday, January 16, 2024 Zoom Gathering

6:30-7:00 pm Meet and greet (optional)
7:00-8:00 pm Presentation/discussion
EBHA members free

Non-members, \$10 [make payment here](#)
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Who am I and who am I not?
What is ketamine?
Ketamine's use in mental health treatment
How it works
Benefits and side effects

Indications/contraindications
My approach
Drawbacks
Other advances
Where do we go from here?

Dr. Chris Leesman is board certified in family medicine and osteopathic manipulative treatment, and maintains a holistic practice that supports individuals on their wellness path. He emphasizes treatments that focus on root cause, not just symptoms. In 2020, he began providing ketamine-assisted psychotherapy after training and certification at the Psychedelic Research and Training Institute. He co-founded Transformative Health and Wellness in Corvallis to improve mental health access and efficacy by working through an integrative lens. Outside of the office, Chris enjoys numerous activities including mountaineering, rock climbing, mountain biking, and meditation. Dr. Leesman maintains membership with the American Psychedelic Practitioners Association.