

Evergreen Behavioral Health Association presents:

**Victims No Longer:
Working with Male Survivors of Sexual Child Abuse**

with renowned therapist, trainer and author

Mike Lew, MEd

6 CE credit live webinar Friday, June 4, 2021, 9:00 am - 4:00 pm

\$120 EBHA Members ~ \$150 non-members

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This one-day training is for clinicians and others who are interested in learning about male survivors of sexual child abuse. Mike will present on the issues and needs of male survivors, useful and unhelpful therapy approaches, and concerns of professionals working with male survivors. This didactic training differs from Mike's therapy group workshops for survivors, but non-clinicians are welcome to attend.

Schedule for Mike Lew training, Friday June 4, 2021

Morning Session (9:00-12:00 including mid-morning break)

- Introduction, presenter's background and perspective
- Guidelines
- Dissociation, survival strategies
- Role of emotions
- Addictions, compulsions, and fixations
- Effects of boyhood sexual abuse and presenting issues
- Effective and ineffective therapeutic approaches
- Video "Back on Track" and discussion if time allows

Lunch (12:00 – 12:40 pm)

Afternoon Session (12:40-4:00 including mid-afternoon break)

- Continued discussion of video - Q&A
- Group therapy and recovery workshops
- More on issues of male survivors
- Issues for the therapist/counselor – countertransference, stress and burnout
- Compassion fatigue
- Male sexual victimization: the larger picture
- Resources, questions and answers

Note: Presentations are flexible and Mike responds to the unique interests of each audience, therefore all of the above topics may not be covered fully. Participants are invited to raise their areas of professional interest. Questions related to personal history will be best addressed through other forums offered by Mike Lew, which can be found on his website.

Learning Objectives

After this workshop attendees will better understand:

- the effects of male sexual victimization
- obstacles to, and needs of males in recovery
- the role of emotions in healing
- dissociation, addictions, compulsions, and fixations
- differences between working with male and female survivors
- needs of professionals working with sexual trauma

About the presenter

Mike Lew, MEd is a licensed counselor in Western Massachusetts, and is director of The Next Step Counseling and Training Center. Mike is a leading expert on recovery from sexual child abuse, particularly regarding the issues of male survivors.

Mike Lew has worked with thousands of men and women in their healing from the effects of sexual child abuse, rape, physical violence, emotional abuse and neglect. The development of strategies for recovery from incest and other abuse, especially for men, has been a major focus of his work. He conducts public lectures, workshops for survivors, and training and consultation for mental health, medical, human service, clergy, law enforcement, and other professionals throughout the United States, Canada, Europe, Australia, New Zealand, Asia and Africa.

Victims No Longer (Lew and Bass, 2004) has been the definitive guide for men recovering from boyhood sexual abuse and for professionals in the field. The second edition continues to earn praise for its clinical expertise and compassionate tone, educating survivors and professionals about the recovery process, speaking to the pain, needs, fears, and hopes of the adult male survivor.

Mike Lew's second book, *Leaping upon the Mountains: Men Declaring Victory over Sexual Child Abuse* (2000, North Atlantic Books and Small Wonder Books), continues to explore and proclaim the reality of recovery. In this work, Mike presents the triumphs of hundreds of male survivors from over forty countries, providing hope and resources for survivors in each stage of their healing. To learn more about Mike Lew, go to <http://www.nextstepcounseling.org/bios2.htm>