

Evergreen Behavioral Health Association
Evergreen Meet-Learn Discussion Series
for Behavioral Health Professionals

***HELPING ADULT CLIENTS WITH
PARENTING CHALLENGES***

presented by
KATHERINE EASTLAKE, LPC

Wednesday, January 27, 2021 Zoom Video Gathering
6:30-7:00 pm Informal meet and greet
7:00-8:00 pm Presentation/discussion
[RSVP](#) with your zoom email address



Uncertain how to help clients with their parenting challenges, especially in the midst of pandemic-parenting and remote learning? Katherine will provide key ideas and concrete ways to support your clients with their parenting questions.

About the presenter: Katherine Eastlake, LPC is a Registered Play Therapist-Supervisor, and a Certified Synergetic Play Therapist-Supervisor. She has trained extensively in Interpersonal Neurobiology and neuroscience as it applies to stress response and child development, and loves to teach parents and professionals how to tune into a child's nervous system in order to offer effective supports.

[RSVP](#) with your zoom email address

This event free of charge and open to all behavioral health professionals. It is not open to clients or the general public.