

# Evergreen Behavioral Health Association

## Continuing Education Series

SATURDAY, OCTOBER 17, 2020

### ***PSYCHEDELIC SCIENCE:***

*An Introduction to Psychedelic-Assisted Psychotherapy*

3 CEU's

**KIM GOLLETZ, PHD  
DAN GOLLETZ, PHD**

#### **Location**

Online Zoom Training

#### **Cost**

EBHA members \$60; Non-members \$90

Registration and payment through Eventbrite

#### **Presentation outline**

- The history of psychedelics in mental health care
- Current research on psilocybin, LSD, and MDMA
- Biological and neurological mechanisms of action

Break

- The nature of the psychedelic experience: features and effects
- Psychological models--how psychedelics produce their effects
- Psychedelic therapy model: Preparation, Administration, Integration

Break

- Differences between Psilocybin, LSD, and MDMA therapy
- Ethical Issues
- Oregon Ballot Measure 109: Legalizing psilocybin-assisted therapy in Oregon

## **Learning Objectives**

Attendees will be able to:

- Identify the mental disorders that have been improved by treatment with psychedelics
- Identify the neurological and psychological mechanisms by which psychedelics produce their effects
- Describe the components, risks and ethical considerations of psychedelic-assisted therapy
- Discuss the differences between Psilocybin-, LSD- and MDMA-assisted therapies
- Describe Oregon Ballot Measure 109

## **Target Audience**

Mental health and allied professionals interested in learning about the current science and practice of psychedelic-assisted therapy

## **Presenters**

Kimberley Golletz received a PhD from Vanderbilt University. She has taught psychology at the University of Illinois-Chicago, the University of Washington and Linfield College. Her clinical work focuses on psychological testing and psychotherapy for children and families. Dr. Golletz has a long-standing interest in altered states of consciousness, and believes psychedelics have the potential to improve the efficacy of psychotherapy and address some of the most challenging issues in mental health today. She hopes to be part of the first wave of providers of psychedelic-assisted psychotherapy in the U.S.

Dan Golletz received his Ph.D. in Clinical Psychology from the University of Washington. He has been a licensed psychologist in private practice in Corvallis, Oregon since 1998, and co-owner of Peak Psychological Services. His specialties include treatment of anxiety, depression, PTSD, chronic pain, and adult ADHD. He has a strong belief in the potential for psychedelics to improve mental health care, foster personal growth, and promote the general welfare of humanity.