

Evergreen Behavioral Health Association

Eat-Meet-Learn Series

presents

Substance Abuse, Addiction Counseling and Mental Health Counseling: Betwixt and Between

Presenter

Hal Darst, CADC II

Date

Monday, July 13, 2020 6:30-8:00 pm

Location

TBD



[ATTENDING CLICK HERE](#)

Topics

- Substance abuse and addiction—critical issues for mental health therapists
- Causation - genetic, neurobiological, attachment, emotional woundedness, etc.
- Helpful metaphors
- Stages of treatment
- Treatment modalities
- AA/NA, and similar support groups
- Integration of group therapy, Mindfulness, Internal Family Systems, EMDR, etc.
- Overview of treatment resources: Detox, Residential, Oxford Housing, Wilderness Therapy
- Helpful materials for addiction and recovery education
- Questions, answers (or at least, speculations) and discussion

Presenter Bio

Hal Darst, CADC II, Director/Counselor for Corvallis-based Cascade Pathways outpatient substance abuse program, has been working with adults, families and adolescents since 1980. He has worked for Beech Hill/Outward Bound, where he was

an addictions counselor, wilderness guide and program director for the first program of its kind in the nation. He has worked for many other prominent residential youth wilderness therapy programs, including Ravens Way (for Native Alaskan youth), and has also served as an outpatient counselor with Looking Glass Adolescent Recovery program and the Confederated Tribes of Siletz Indians.

Schedule

6:30-7:00 pm Eat and Meet

7:00-8:00 pm Presentation/discussion

Cost

EBHA members: Attendance FREE

Non-members: Attendance \$10 payable by check to EBHA, or [become an EBHA member](#) and enjoy these and other member benefits! Your application and payment can be processed at the event if you bring the completed application form and dues with you to this EML.

Please [contact us](#) with further questions