

Topic

**Launching Yourself into Cyberspace:**

**How to Establish an Ethical, Legal, Therapy-Affirming Telemental Health Practice**

**Full day training: 6 Legal-Ethical CE credits**

Date

**Saturday, October 5, 2019, 9:00 am - 4:00 pm**

Presenter

**Roy Huggins, LPC, NCC**

Licensed private practice professional counselor, Director of Person-Centered Tech, adjunct instructor at the Portland State University Counseling program, member of the Zur Institute advisory board

Workshop Description

Our profession has begun to utilize telemental health as a tool that allows you to meet your clients where they are, not just clinically but also logistically. Electronically crossing great distances to foster the strong bond between client and provider comes with its own set of considerations: legal, ethical and technical. This course will address the vital components on how to reach your clients no matter where they are safely, securely, and successfully

Location

Oregon State Credit Union Community Room, Sunset Operations Center,  
[4800 SW Research Way, Corvallis, Oregon](#)

Program

9:00 – 9:30 The fundamental problem of telemental health: performing all of the clinician’s ethical, legal, and clinical duties at a distance. Overview-level exploration of how typical duties require new methods, and what new duties arise when working remotely.

9:30-10:00 Authorities on telemental health law and ethics and where to look for authoritative information. A humorous example of a poorly done, 3-minute telemental health session and discuss the legal-ethical and clinical issues which arise in it.

10:00-10:15 Special informed consent needs for remote relationships

10:15-10:30 Break

10:30-11:30 Finish up informed consent discussion. Jurisdictions in telemental health and legal-ethical vicissitudes of state practice laws, practice laws in nations outside the US, and discussion of how jurisdictional rules arise in various clinical vignettes.

11:30-12:00 Assessing clients for appropriateness for the telemental health medium being used by the therapist; and managing crises and mandated reporting remotely.

12:00-1:00 Lunch

1:00-2:30 HIPAA Security requirements for telemental health technology and how to choose and use appropriate devices and services for videoconferencing, phone, texting, and email.

2:30-2:45 Break

2:45-3:30 Research findings on clinical effectiveness over videoconferencing connections. How to set up equipment, space, and self for clinical effectiveness and how to help clients do the same.

3:30-4:00 Reserved for Q&A

### Learning Objectives

1. State the legal-ethical considerations for telemental health practice
2. Explain how to ensure client privacy and maintain HIPAA compliance as a telemental health clinician
3. List specific techniques and skills for effective interaction with clients over a video medium
4. Describe specific actions to take to ensure success in each telemental health session and client relationship
5. Identify protocols and other considerations for telemental health crisis and emergency situations
6. Recognize effective, ethical, and HIPAA-secure technology and tools for use in telemental health practice

### Presenter Bio



Roy Huggins, LPC NCC, is a counselor in private practice who also directs Person-Centered Tech. Roy worked as a professional Web developer for 7 years before changing paths, and makes it his mission to grow clinicians' understanding of the Internet and other electronic communications mediums for the future of our practices and our professions. Roy is an adjunct instructor at the Portland State University Counseling program where he teaches Ethics, and is a member of the Zur Institute advisory board. He has acted as a subject matter expert on HIPAA, security and clinical use of technology for Counseling licensure boards and both state and national mental health professional organizations. He has co-authored or authored two book chapters, and he routinely consults with mental health colleagues on ethical and practical issues surrounding tech in clinical practice. He served for 5 years on the board of the Oregon Mental Health Counselors Association and then the Oregon Counseling Association as the Technology Committee Chair.

Cost

EBHA members \$125; Non-members \$175

Payment day of event, cash or check preferred

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